

To Minimize the Impact on our Healthcare & EMS System, PLEASE utilize the below Guidance from WCH

What to do if you suspect you have COVID-19

The vast majority of patients have mild/moderate symptoms and **don't** require hospitalization.

Mild symptoms, stay home

Please stay home, self-isolate, and follow prevention measures to avoid infecting others.

While at home:

- Practice frequent hand hygiene
- Limit close contact with other people and pets
- Do not share utensils, dishes or drinking cups.

Worsening Symptoms, call first:

Before you go to a facility,

we recommend you do one of the following to determine if you meet the CDC criteria for a COVID-19 test or to rule out another healthcare condition causing your symptoms

- Call your Primary Care Provider
- Have a virtual visit using the WCH Today Care app
- Call the ODH at 1-833-427-5634.

Severe symptoms, dial 9-1-1

If you're experiencing severe symptoms, visit the Emergency Department or call 9-1-1.

The current CDC guidelines for testing are for patients that meet specific criteria. WCH is currently only able to test patients who are sick enough to be admitted to the hospital. As testing becomes more available, we will communicate this.



Signs and Symptoms of COVID-19

- Fever greater than 100.4 degrees Fahrenheit
- Tiredness, body aches
- Dry cough
- Shortness of breath

