



City of  
*Wooster*  
RECREATION

# Youth Soccer Rules 2022



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# Wooster Recreation Youth Soccer Rules 2022

## 1. Length of Game

- a. 1<sup>st</sup> & 2<sup>nd</sup> grades, 3<sup>rd</sup> & 4<sup>th</sup> grades, 5<sup>th</sup> & 6<sup>th</sup> grades – 25 minute halves with a 2 minute half time break.
- b. Regional – 30 minute halves with a 5 minute half time break.
- c. Running Clock – clock does not stop for substitutions or balls going out of play.
- d. If there are any circumstances (weather etc.) that cause a referee to shorten the game, he/she may do so as long as both coaches are notified.

## 2. Ball Size

- a. 1<sup>st</sup> & 2<sup>nd</sup> grade teams – Size 3 (provided by the Wooster Recreation Department)
- b. 3<sup>rd</sup> & 4<sup>th</sup> grade teams – & 5<sup>th</sup> & 6<sup>th</sup> grades – Size 4
- c. Regional Teams – Size 5

## 3. Number of Players

- a. 1<sup>st</sup> & 2<sup>nd</sup> grades – 5 v 5
- b. 3<sup>rd</sup> & 4<sup>th</sup> grades – 7 v 7
- c. 5<sup>th</sup> & 6<sup>th</sup> grades – 9 v 9
- d. Regional Teams – 11 v 11

## 4. Playing Time

- a. Due to this league being recreational in nature, **EQUAL PLAYING TIME** is to be awarded to all players on a roster at the youth and regional levels.

## 5. Player Uniform/Equipment

- a. Each player (except the goalie) on the same team must wear the same color shirt/jersey.
- b. Players **MAY NOT** wear jewelry including but not limited to earrings, bracelets, rings and necklaces.
- c. Players **MAY NOT** place tape over newly pierced ears.
- d. Cleats, if worn, must have a molded bottom. Stud cleats may not be worn.

## 6. Goal Keeper

- a. Must wear a separate jersey that is distinguishable from their teammates and opposing team.
- b. Goalkeeper has 6 seconds to put ball in play.
- c. Goalkeeper may not use hands out-side of 18 yrd. box.
- d. A goalkeeper cannot use hands on a kickback from another teammate.
- e. On saves goalie can throw the ball or put it on the ground and play using their feet.
- f. **Goalie may not punt or drop kick the ball.** (Exception goalie may punt and dropkick at the Regional Level)

## 7. Start of Play

- a. Coin Toss
  - i. Prior to the kick off the official will do a “coin toss” with representatives from each team.
    1. The team who wins the coin toss will be able to choose one of the following options:
      - (a) start with the ball.
      - (b) which side of the field they would like to defend.
    2. If the team who wins the coin toss elects to start with the ball the team that didn't win the coin toss will then have the chance to pick the side of the field they defend.
- b. Kick-off (will alternate each half)
  - i. To start the game.
  - ii. To start the second half.
  - iii. After a goal has been scored.
- c. A player standing near the center line kicks the ball to a fellow player. After the ball moves the game is officially started. The player who kicked the ball first may not touch the ball until it has been touched by another player.
- d. Possession of the ball at the start of the game is determined by a coin toss.

## 8. Ball In and Out of Play

- a. The ball is not out of play until the whole ball has crossed the sideline or endline. If any part of the ball is touching the line it is still in play.
- b. When shooting at the goal, the ball must cross the entire goal line for it to count as a goal.
- c. Any ball striking a referee, goal post, corner posts and remaining on the field is in play.
- d. Continue to play the ball until the referee blows his or her whistle.

## 9. Goal Scoring

- a. A goal is scored when the whole ball has crossed the goal line, between the goal posts and under the cross bar.
- b. The result of a soccer game is determined by the margin of goals scored.

## 10. Ties/Tie Breakers

- a. There are no tie breakers in regular season play.
  - i. If a score is tied at the end of the game clock the game results are final.

## 11. Headers

- a. All players 10 years of age and under shall not head the ball directly from the air in any match or competition, nor shall these players practice heading the ball in any organized team setting.
- b. If a player age 10 or younger deliberately heads the ball in a match, the referee shall award an indirect free kick to the opposing team at the spot of the infraction. If the heading occurs within the penalty area, the referee shall move the ball outside the penalty area and award an indirect free kick to the opposing team.
  - i. Headers are **NOT ALLOWED** at any of the following levels:
    1. 1<sup>st</sup> & 2<sup>nd</sup> grades
    2. 3<sup>rd</sup> & 4<sup>th</sup> grades
    3. 5<sup>th</sup> & 6<sup>th</sup> grades\*

- c. Some players may practice heading the ball in an organized team practice or skill session, but coaches shall monitor this practice so that no single player heads the ball more than 25 times per week, regardless of setting.
  - i. Headers ARE ALLOWED in **Practice** at the following levels:
    - 1. Regional Teams
    - 2. \*6<sup>th</sup> graders (aged 11 or 12) in a combined 5<sup>th</sup> & 6<sup>th</sup> grade team
  - ii. Headers ARE ALLOWED in **Games** at the following level;
    - 1. Regional Teams

## 12. Offsides

- a. Offsides is not called at the 1<sup>st</sup> & 2<sup>nd</sup> grade or 3<sup>rd</sup> & 4<sup>th</sup> grade level.
- b. It is not against the rules to be in an offside position when the player is not directly involved in the play.
  - i. There is no offsides if a player receives the ball directly from
    - 1. a goal kick
    - 2. a throw-in
    - 3. a corner kick
    - 4. or if the player is on their own defensive side of the field
- c. A player is considered to be in an offside position if he or she is lined up behind the last defender when the ball is passed to them while advancing toward an opponent's goal.
- d. A player is considered offsides if they move from an offsides position to an onsidess position to receive the ball when it is passed.

## 13. Throw Ins

- a. Throw Ins will be awarded after the whole ball crosses the sideline. The team that didn't touch the ball last will be awarded the throw in.
  - i. Rules for a Throw In
    - 1. Both feet must be out of bounds (on or behind the sideline) when the throw is made.
    - 2. The ball must be thrown using both hands directly over the head.
    - 3. Both feet must be in contact with the ground at the time the ball is released from the players hands.
    - 4. Throw Ins that are not executed correctly will be awarded to the opposite team.

## 14. Goal Kicks

- a. Goal kicks are awarded when the ball (after being kicked by the offense) crosses the goal line.
  - i. Rules for a Goal Kick
    - 1. The ball must be placed on or behind the 6 yd box (the goal box) and played at the sound of the referees whistle.
    - 2. The ball does not need to clear the penalty area before it is touched by another player.
    - 3. Any player is permitted to take a goal kick.

## 15. Corner Kicks

- a. A corner kick is awarded when the ball crosses the goal line, after it was last touched by a defensive player (exception – if the ball crosses the goal line and result is a goal e.x. an Own Goal).

- i. Rules for a Corner Kick
  1. A player on the attacking team places the ball on the quarter circle nearest the flag post on the side of the goal where the ball went out.
  2. The defending team must remain 10 yds from the ball until it is kicked.
  3. The player who takes the kick may not touch the ball a second time until another player from either team has touched the ball.
  4. Goals may be scored off of corner kicks.

## 16. Penalty Kicks

- a. A penalty kick is awarded after a serious rule infraction takes place in the penalty area.
- b. A penalty kick is a direct kick usually taken 12 yds from the goal line.
  - i. Rules for a Penalty Kick
    1. All players except the goalie and the kicker must stay outside of the penalty area.
    2. The goalie must stand on the goal line and may only move laterally until the ball has been kicked.
    3. Once the ball has been kicked, all players may move into the penalty area.
    4. The player who takes the kick may not touch the ball a second time until another player from either team has touched the ball.

## 17. Fouls and Misconduct

- a. When a foul is called it may result in a direct or indirect kick.
  - i. Direct Kick – A kick that is awarded that can be either passed to a teammate or an attempt at a shot on goal.
 

<ul style="list-style-type: none"> <li>· Kicking</li> <li>· Tripping</li> <li>· Slide Tackle</li> <li>· Violent Charging</li> <li>· Striking an Opponent</li> </ul>	<ul style="list-style-type: none"> <li>· Holding</li> <li>· Pushing</li> <li>· Hand Ball</li> <li>· Charging from Behind</li> </ul>
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  - ii. Indirect Kick – A kick that is awarded that must be touched by another player before a goal is scored.
    - Dangerous playing (high kicking)
    - Charging away from the ball
    - Charging the goalkeeper when he/she doesn't have the ball
    - Opponent obstruction
    - A goalkeeper takes more than 6 seconds to put ball in play
    - A goalkeeper using his/her hands on a kickback from another teammate
- b. The above lists are not exhaustive.

## 18. Build-Out Lines

- a. The build-out line promotes playing the ball from the back in a less pressured setting.
- b. A build-out line will be used for only 1<sup>st</sup> & 2<sup>nd</sup> grade age group.
- c. This line is located halfway between the midfield and the penalty box.

- d. When the **goalkeeper** has the ball in his or her hands during play from the opponent, the opposing team must move behind the build out line until the ball is put into play and has made contact with another offensive player.
  - i. Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play (punts and drop kicks are not allowed)
  - ii. After the ball is put into play and has made contact with an offensive player, the opposing team can cross the build out line and resume playing.
  - iii. A goalie may play a saved ball immediately; however doing so removes the rule of opposing team having to move behind the build-out line.

## 19. Special Participation Rules

- a. Travel and Club Players must play in the “A” Division, in all age groups. Exceptions to this rule will be made but must be given by the director of the Wooster Recreation Youth Soccer program.
- b. A player may be rostered on more than one team; however they may only play two games on any given Saturday.
- c. Girls may fill in and help out on a boys’ team on an as needed basis. However, the girl may not take the place of boys already playing on the team. The rule of equal playing time still applies.
- d. Any time you roster a younger player on a team in an older age group there is the potential for them to be playing against individuals 3-4 years older than them. You may not place younger players on an older team based on the need to fill a roster.
  - i. If there is a player with a high skill level it is best if that player has been evaluated/identified by a High School coach or a member of the association/board before they are placed on a team in a higher age group.
- e. Players may be placed on teams in a higher age group (ONLY - one age group up) if their skill level allows them to be, however players may not be placed on team in a lower age group or (play down an age group).

## 20. Referee

- a. At least one soccer official will be assigned to referee each scheduled game.
  - i. A second official may be assigned to referee a game if they are currently learning how to become an official.
- b. Referees who are currently students in High School will be identified with an ORANGE armband. This armband will serve as a visual cue to all players, coaches, parents and spectators that they are also a youth participant in our program, and are in the process of learning how to become an official. Please keep this in mind when interacting with them at the soccer complex.
- c. The referee is in charge of ensuring that the games are being played fairly, cleanly and in the spirit of friendly competition.
  - i. Every call does not have to be made; a referee may call out “play on” to keep play in progress without giving an unfair advantage to either team.
  - ii. Referees should verbalize and use hand signals when making all calls. This will give children instruction and clarification as to what actually occurred.
  - iii. The decision of the referee is final.
- d. Coaches, Players and Parents may not yell at, badger or degrade a referee if they do not agree with a call and they may not approach a referee after a game for any reason.

## 21. Score Differential

- a. One team ahead by 4
  - i. With the permission of the referee any time during the game if the score differential becomes more than 4 goals the team that is losing may add a player to the field of play.
  - ii. If the score differential becomes 3 or less the team must remove their extra player.
- b. One team ahead by 6
  - i. With the permission of the referee any time during the game if the score differential becomes more than 6 goals the team that is losing may add a second additional player to the field of play.
  - ii. If the score differential becomes less than 6 the team must remove their second extra player.
- c. If the losing team does not have any subs then the winning team must remove a player at the same goal differentials.
- d. **THIS RULE DOES NOT APPLY TO THE 1<sup>ST</sup> & 2<sup>ND</sup> GRADE AGE GROUP.**

## 22. Coaches

- a. On the sideline coaches are expected to conduct themselves in an appropriate manner.
- b. Only 2 coaches will be permitted on the bench side of the field. If there has been a mentee assigned to their team from either the girls or boys high school soccer team, then three coaches will be permitted on sideline.
- c. During a game, coaches must stay on their own side of the field and may not cross over the mid-field line.
  - i. The only exception would be if an injury has taken place.

## 23. Coaches Behavior

- a. Coaches are expected to be a positive role model on and off the field.
  - i. Coaches should be a positive example for players on both teams, officials and spectators at trainings and games.
- b. All communication should be positive and encouraging in nature.
- c. Any coach who receives a “red card” will be suspended for a total of seven days, from issuance of Red Card. This includes any contact with team at practices and games.
  - i. In order to be reinstated, the Coach must meet with the coordinator in charge of the Wooster Recreation Youth Soccer Program prior to re-instatement. Any coach who receives a second “red card” during the calendar year will be suspended for an undetermined amount of time based on the actions leading up to the “red card”.

## 24. Parent/Spectator Behavior

- a. Parent/spectator behavior is a direct reflection of the team they represent.
- b. Parents/spectators are expected to refrain from shouting, yelling or coaching from the sidelines.
  - i. It is important to respect the boundaries that exist for the coaches and allow them to be in charge of all practice and game situations.
  - ii. It is also important that parents/spectators wait to approach their children until the coach has dismissed them from the end of a practice or game.
- c. Parents/spectators are permitted to cheer for goals and good plays as well as encourage the kids from the sidelines.

- d. Parents/spectators may not be located on the same side of the players bench, or behind the goals while watching a game. All spectators must sit opposite of the bench and must be far enough away from the sideline as not to impede a player from making a play on a ball or taking a throw-in.

## **25. Administrative Rules**

- a. Team Player Rosters/Waivers
  - i. Any player needing to be added to a team roster after it has been turned-in must be done so through the coordinator in charge of the Youth Soccer Program.
  - ii. No player can participate without a signed waiver and name on a Team Roster that is approved by the league.
- b. Special Registration Rules
  - i. Only teams connected to an established association or organization may register to participate in the Wooster Recreation Department League.
  - ii. All communication pertaining to the league and its participants will take place through an established association/organization representative. If you don't know who this person is for the association you are involved with please start by reaching out to your child's coach.
    - 1. Any coach/parent who has concerns about the organization of, or something that has taken place during the soccer program are expected to bring concerns up to their program representative. The program representative will then reach out to the coordinator in charge of the Youth Soccer Program.
    - 2. A reasonable effort will be made to address concerns that are brought up throughout the season.

## **26. Regional Teams**

- a. Regional teams will play High School Rules.

## **27. Rules**

- a. These rules have been adapted from the US Youth Soccer rules.

The Wooster Recreation Department has a Coaches Manual/Guide available for download on the following website. [www.woosteroh.com/recreation/soccer](http://www.woosteroh.com/recreation/soccer) .

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